Radiological evaluation of the metal-bone interface of a porous tantalum monoblock acetabular component

Between January 1998 and December 1998, 82 consecutive patients (86 hips) underwent total hip arthroplasty using a trabecular metal monoblock acetabular component. All patients had a clinical and radiological follow-up evaluation at six, 12 and 24 weeks, 12 months, and then annually thereafter. On the initial post-operative radiograph 25 hips had a gap between the outer surface of the component and the acetabular host bed which ranged from 1 to 5 mm. All patients were followed up clinically and radiologically for a mean of 7.3 years (7 to 7.5). The 25 hips with the 1 to 5 mm gaps were studied for component migration at two years using the Einzel-Bild-Roentgen-Analyse (EBRA) digital measurement method. At 24 weeks all the post-operative gaps were filled with bone and no acetabular component had migrated. The radiographic outcome of all 86 components showed no radiolucent lines and no evidence of lysis. No acetabular implant was revised. There were no dislocations or other complications. The bridging of the interface gaps (up to 5 mm) by the trabecular metal monoblock acetabular component indicates the strong osteoconductive, and possibly osteoinductive, properties of trabecular metal.

The survival of cementless acetabular components in total hip arthroplasty depends on many factors, including the design and manufacturing process, the stability of initial fixation, the surface texture and any osteoconductive and osteoinductive properties of the component.1-7 In the presence of fibrous tissue interposition at the metal-bone interface the junction is subjected to mechanical fatigue and to the biological effects of wear debris, which provoke peri-prosthetic osteolysis and loosening of the implant.6-9 Preventing the entry of wear debris into the interface between the component and bone may reduce osteolysis. In cementless components this can be achieved by improving bone ingrowth into the porous surface of the prosthesis.

Several alloys have been used for the production of cementless acetabular components, each with its own advantages and disadvantages.6,7 In 1997 porous tantalum was first used in orthopaedic surgery. It has unique biological and mechanical properties10-12 and was used to replace the titanium shell of an established non-modular acetabular design which contained a shrink-fitted polyethylene insert intended to eliminate micromotion and wear at the interface between the polyethylene and the porous-coated titanium shell.13 The trabecular metal modification had the polyethylene insert moulded directly into it.14 It was anticipated that these changes would increase osseointegration, with improved initial fixation owing to friction between implant and bone, and reduce peri-acetabular stress shielding by matching the elastic modulus of bone with that of porous tantalum.10,15-17

We undertook a radiological study to evaluate the osteoconductive, and possibly osteoinductive, properties of the trabecular metal-bone interface and the possibility of bridging interface gaps of up to 5 mm.

Patients and Methods
Between January 1998 and December 1998, 82 consecutive patients (86 hips) underwent total hip arthroplasty by a single surgeon (GAM). There were 59 women with a mean age at operation of 63 years (32 to 79) and 23 men with a mean age of 71 years (47 to 81). The underlying diagnosis was idiopathic osteoarthritis in 73 hips, avascular necrosis in six, congenital hip disease in three and post-traumatic arthritis in four. There were 41 right and 45 left hips.

The elliptical press-fit porous tantalum monoblock component (Trabecular Metal Monoblock Acetabular Cup System, Zimmer Inc., Warsaw, Indiana) and the cemented Con-
The mean pore diameter of the porous tantalum shell is 550 µm, approximately twice that of other porous-surfaced biomaterials. The coefficient of friction of porous tantalum on bone is approximately twice that of other porous-surfaced biomaterials. The mean pore diameter of the porous tantalum shell is 550 µm. The polyethylene liner is compression-moulded into the shell to a depth of 1 to 2 mm, leaving 2 to 3 mm of porous tantalum for tissue ingrowth. This process allows a 48 mm acetabular component to incorporate a minimum total polyethylene thickness of 8.5 mm for a 28 mm femoral head, whereas a 40 mm acetabular component allows a minimum total polyethylene thickness of 8 mm for a 22 mm femoral head.

Trabecular metal has an unusually large and interconnected porous surface which corresponds to between 75% and 80% of its total volume, and an overall geometry, shape and size similar to those of cancellous bone.10-13 The high-volume porosity enables extensive tissue infiltration and strong attachment. The microtexture of trabecular metal is osteoconductive.19 The metal elasticity of trabecular bone is 3 GPa, which is between those of cancellous (0.1 GPa), subchondral (2 GPa), and cortical bone (15 GPa). Titanium alloys (110 GPa) and cobalt-chromium alloys (220 GPa) are much less elastic.

A posterior approach was used in all cases. The acetabulum was prepared with hemispherical reamers. The diameter of the final reamer was the same as the polar diameter of the acetabular component and 2 mm less than the dimension of the equator. Bone grafts were not used in any case. At operation the initial stability of the acetabular component was assessed manually and was satisfactory in all cases. No supplementary peripheral screws were used.

Immediately after the operation all patients had an anteroposterior radiograph of the pelvis and anteroposterior and lateral radiographs of the operated hip.

Post-operative rehabilitation consisted of bed rest on post-operative day one, followed by partial weight-bearing with the use of crutches. Full weight-bearing with assistance (crutches) was allowed by the fourth post-operative week, and crutches were discontinued between the fifth and sixth post-operative weeks. The post-operative rehabilitation programme was the same for all patients.

All patients were evaluated clinically and radiologically at six, 12, and 24 weeks, 12 months, and annually thereafter, using the Harris hip score20 and standard pelvic radiographs which were taken in the same department with the patient in a decubitus position and with a vertical beam centred on the pubic symphysis. The distance between the source and the plate was one metre.

In order to enable an accurate description of the topography of the acetabular component in relation to bone and the possible bone response, the acetabular bone was divided into five zones (A, B, C, D, and E) on the anteroposterior pelvic radiograph (Fig. 1). This process has been described in an experimental model by Bobyn et al11 and was chosen in preference to the traditional DeLee-Charnley three-zone division21 because it afforded greater detail and accuracy.

All radiographs were scanned digitally at a resolution of 150 dots per inch (dpi) and the data were processed and analysed using Adobe Photoshop 7.0 (Adobe Systems Inc., San Jose, California) to determine the zones and the width of the gaps.

The width of the gap in the five zones was corrected for magnification using the known diameter of the equator of the acetabular component. The gaps were measured by placing the cursor on the edge of the component and stretching a line to the bone edge. The corrected width of the gap, its location and changes with time were recorded.

Patients with gaps between the shell and the host bone on the initial radiograph had further analysis of their films for acetabular cup migration using the Einzel-Bild-Roentgen Analyse (EBRA) software (University of Innsbruck, Austria) at the same time intervals.22,23 The EBRA-measurement system22,24 is a method for measuring two-dimensional migration from digitised plain radiographs and has been used to predict acetabular component failure.25,26 The precision of this method has been shown to vary between 0.8 and 1 mm depending on the type and direction of motion analysed.27,28 Based on the measurement error of the EBRA
 software, migration values less than 1 mm are not considered significant.\textsuperscript{22,27,28}

### Results

The mean follow-up of all 86 hips was 7.3 years (7 to 7.5). None of the patients was lost to follow-up.

In the immediate post-operative radiograph, full contact between the acetabular bone and the implant was observed in 54 patients (56 hips). In five patients (five hips) a 0.2 to 0.4 mm gap was found in zone C owing to incomplete reaming at the bottom of the acetabular bone bed, leading to a small gap at the area of the acetabular fossa.

In 25 patients (25 hips), a gap between implant and bone ranging from 1 to 5 mm was identified (Figs 2a and 3a). Table I shows the gap distribution for all 25 hips. Most gaps were in zone C, followed by zone B and then zone D. We found more gaps in transition zone BC than in zone CD. The gaps were obliterated more quickly in zone C but in transition CD than in zone D and transition zone BC. All these 25 acetabular components were implanted during the first quarter of 1998, while the surgical team was gaining experience with this new implant and technique.

By 24 weeks all gaps had closed radiologically (Figs 2b and c, 3b and c). Using the EBRA method, the 25 hips with gaps present were analysed and component migration was calculated for a two-year period. Data were obtained for migration along the horizontal and vertical axes. EBRA’s algorithm for comparability rejected one radiograph for evaluation on the horizontal axis and three radiographs for evaluation on the vertical axis. The total migration was computed for each acetabular component at each follow-up visit using Pythagoras’ theorem on the horizontal and vertical dimensions.\textsuperscript{25} The mean absolute horizontal post-operative migration (X axis) was 0.24 mm (SEM 0.17 to 0.32). The mean absolute vertical migration (Y axis) was 0.29 mm (SEM 0.20 to 0.38). The mean total component migration was 0.41 mm (SEM 0.33 to 0.52).

In the group of 57 patients (61 hips) without a gap, the mean pre-operative Harris hip score improved from 52 (17 to 66) to 94 (76 to 100). In the 25 patients (25 hips) with acetabular interface gaps, the mean pre-operative Harris hip score improved from 50 (15 to 65) to 94 (76 to 100). There were no dislocations or implant-related complications. All patients regained their previous activities. At the last follow-up examination no radiolucent lines and no areas of osteolysis were observed in any of the 86 hips. No acetabular implant had been revised.

### Discussion

Common materials used to manufacture acetabular component shells are various titanium and cobalt-chromium alloys. The external surface of the shell is processed by various techniques, such as sintered beads, plasma spray, metal fibres etc., to create a porous surface on to which bone will grow to achieve biological fixation.\textsuperscript{19,21,29-31} The total porous surface of all these materials corresponds to between 30% and 50% of their volume, which limits over-

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*Table I. Gap (mm) between bony acetabular floor and metallic shell according to the acetabular zone immediately post-operatively (time 0), and at six, 12, 18 and 24 weeks*
all bone tissue ingrowth and hence biological fixation. In retrieval studies of acetabular components, the mean area over which bone ingrowth was found did not exceed 30% of the total surface area of the component.\textsuperscript{32,33}

Acetabular components have been associated with the production of metallic and polyethylene debris both from the bearing surface of the polyethylene liner, as well as from the back of polyethylene liner and the interior surface of the metallic shell.\textsuperscript{13,34} This particulate debris can migrate to the shell-bone interface through areas of minor resistance and has been implicated in osteolysis and loosening of the component.\textsuperscript{8,13,34} It is, therefore, imperative to reduce the production and the migration of such debris.

Owing to the direct fusion and compression of the polyethylene into the metal shell, the trabecular metal monoblock component used in this study has the advantage of eliminating the interface between the shell and the liner as a source of wear debris. It also enables bone ingrowth across a void and into the porous surface of the acetabular component. The characteristics of the porous surface, such as lower elastic modulus, higher porous interconnectivity, larger pore spaces, and perhaps improved surface bioactiv-
ity, enhance bone ingrowth across a defect adjacent to the porous implant.\textsuperscript{35}

Because of the high co-efficient of friction of the trabecular metal against bone, the initial fixation of the acetabular component is increased.\textsuperscript{36} However, as an inherent consequence of the peripheral rim press-fit, partial contact between the implant and the full surface of the acetabular bone bed is a frequent finding, with bone gaps, particularly at the apex of the acetabulum seen on the immediate post-operative radiographs.\textsuperscript{13,37} Other potential causes for this finding include the uneven and rough external surface of the shell, which adheres strongly to soft tissue and might impede impaction, and the fact that the polyethylene liner and the shell are a single piece obscuring visualisation of the dome contact.

In our series there was a higher incidence of initial post-operative gaps (29\%) compared with other studies using acetabular components of a similar design. Most of these gaps occurred in our early experience with this implant. However, their extent and location were similar to those described previously.\textsuperscript{38-43}

Schmalzried and Harris,\textsuperscript{41} in a study using a first-generation press-fit component, attributed their radiographic observations to technique, with the prevalence of gaps in DeLee and Charnley zones I and III being a natural result of line-to-line fit and ancillary fixation in order to secure and bottom-out the component in zone II. MacKenzie et al.,\textsuperscript{42} in a laboratory study using cadavers, found gaps to be less than 1 mm with line-to-line fit, whereas 1.4 and 3.9 mm polar gaps were found for 2 and 4 mm press-fit components.

Onsten\textsuperscript{44} reported only two cases with gaps of 4 to 5 mm on the post-operative radiographs. However, he used unimpaired grafts to fill the gaps and the filling process took much longer (30 to 40 months). Gruen et al.,\textsuperscript{45} in a multi-centre study, reported post-operative acetabular gaps in 80 (19\%) of 414 hips using the same acetabular component, mainly in zone II. According to the authors the presence of zone II gaps resulted from the peripheral rim press-fit. The reported gaps of 4 to 5 mm closed within two years. There was no progression of any post-operative gap, no evidence of continuous peri-acetabular interface radiolucencies, no evidence of lysis and no revisions for loosening. In the same series, porous tantalum components were compared with porous-coated titanium components in a prospective randomised study. The radiographic outcomes showed a significantly larger number of initial gaps which filled completely for the porous tantalum monoblock component (five of five), compared with the low frequency of gap resolution observed for the porous-coated titanium component (three of 15). However, computer-assisted determination of magnification and patient positioning on serial radiographs was not performed, thus creating a large potential source of error in the serial measurement of gap filling.

To our knowledge, healing of gaps up to 5 mm in width at the bottom of an acetabular component within six months of the operation has not previously been described. We accept that the apparent gaps may have disappeared by 24 weeks, owing to loss of the denser line in the unloaded void behind the component, as much as to bone filling the void.\textsuperscript{12,45} Only a CT scan would determine whether the void has filled with bone.\textsuperscript{46}

Nevertheless, in our study, EBRA examination of the acetabular components with gaps revealed no significant component migration. This implies that the disappearance of gaps could not be the result of component migration into the void. We believe that these observations indicate the strong osteoconductive (and possibly osteoinductive) properties of the porous tantalum. These properties, shown in the laboratory study by Findlay et al.,\textsuperscript{47} seem to have clinical significance in promoting the filling of gaps between implant and bone.

Another benefit of this material is the more normal physiological transfer of load to host bone. A finite element analysis\textsuperscript{48} demonstrated that the porous tantalum monoblock component loaded the acetabular bone similarly to a cemented all-polyethylene component, with load effectively transferred to the superomedial portion of the acetabulum as occurs physiologically. In the same study, finite element analysis of a titanium-backed acetabular component revealed stress shielding of the superomedial portion of the acetabulum. These findings were attributed to the bone-matched elastic modulus of the porous tantalum (3 GPa), compared with titanium alloy (110 GPa).

In conclusion, the use of porous tantalum appears to provide a solution to issues which affect primary acetabular fixation, premature migration and possibly backside polyethylene wear and subsequent osteolysis. Further clinical and radiographic assessment of the behaviour of these prostheses will confirm the accuracy of these early observations.

No benefits in any form have been received or will be received from a commercial party related directly or indirectly to the subject of this article.

References


